



Honoring Wishes Addendum

The Honoring Wishes Addendum was created to work in concert with your advance care directive. The Honoring Wishes Addendum was created independently of any advance care directive.

The Honoring Wishes Addendum is not a legally-binding document, but an exercise designed for your care team to have a better understanding of you, your values, and how you want to live. While many advance care directives focus on the conditions in which a person does not wish to continue treatment, the Honoring Wishes Addendum focuses on understanding the person's values and what conditions that person wishes to experience these stages of life.

After completion of this form, please ensure that you keep a copy of it with each copy of your advance care directive so that your care team understands what went into your decisions.

Finally, there is never a bad time to complete an advance care directive or the Honoring Wishes Addendum. It is recommended to discuss this packet as soon as possible and as thoroughly as possible, such that there are no questions when it is needed.

About Me

I wish to be referred to by:

- ☐ My legal name
- ☐ My nickname:

My family/friends:

My childhood:

My professional life:

My favorite interests/hobbies:

My favorite foods/places/music:

My “bucket list” items:

Other things I would like to be known:

Please Honor These Wishes

When receiving medical updates, it is important that I:

- Receive the facts and recommendations in a direct and straightforward manner
- Have a conversation about what is happening and what the next steps could be
- Get a written copy of my updates to refer to later

When receiving medical updates, I prefer to hear it from:

- My doctors/nurses
- My family, in particular:

When receiving medical updates, I prefer to hear it:

- In as private a setting as possible
- With my designated representative
- With my family
- With whatever visitors are currently there
- The setting is not important to me in this context

When receiving medical updates, I prefer to receive:

- A lot of information
- Some information
- Only the necessary information
- No information

In general, when providing medical or hygienic care, I would prefer my care team:

- Work as quickly and efficiently as possible; conversation is not important to me in this context
- Talk to me only about what they're doing
- Talk to me about what they're doing only if it will cause pain
- Converse with me only if I appear concerned, scared, or sad
- Get to know me and converse when time permits

I wish for the following social interaction:

- To not be alone whenever possible
- To see family whenever possible
- To see friends whenever possible
- To be asked prior to letting visitors see me
- To be woken for visitors if I am sleeping
- To only have visitors during these times:
 - Morning
 - Afternoon
 - Evening

Despite my above wishes, I would like to be alone when:

I wish to see these people in particular:

I especially wish to see them when:

When people see me, I would like them to:

I would not like to see these people:

I do not like it when people do these things:

If I have visitors coming, I would like to ensure:

- I am dressed with my hair combed
- I am bathed
- I have already eaten

Whenever possible, I wish:

- To have the television on
- To have music playing
- To have my favorite foods available
- To be bathed
- To be massaged

I would like to have these things with me whenever possible:

I tend to be most comfortable and at ease when:

When I am uncomfortable, these things help me feel better:

Regarding pain, I wish:

- To receive enough medication to stop the pain, even if it makes me tired

- To receive medication to lessen the pain, but still awake and alert enough to interact with those around me

- To limit the medications for pain as much as possible

Regarding spirituality and religion, I wish:

- To be left alone to pray/worship

- To inform members of my spiritual/religious community of my condition, but for them to respect my space

- To be visited by members of my spiritual/religious community

- To be visited by a spiritual/religious leader

 - Daily

 - Weekly

 - Only when invited

- ☐ To receive care without mention of religion or spirituality

If applicable, I wish to have these spiritual/religious items with me:

These spiritual/religious beliefs and activities are important to me: